



Thai Foot Reflexology

Learn how to give a 60-minute Thai Foot Massage in 12 hours. For therapists as well as amateurs!

Description:

64 basic positions – massage techniques – foot reflex zones – application- contraindications – Yogi Yoga

Dates 2015:

2 days on weekends - 10 am to 5 pm:

25. - 26. April

3 weekdays - 9 am to 1:30 pm:

22. / 23. / 24. April

Fee:

€ 220 incl. workbook, massage tool, lunch, fruits and beverages for min. 2 / max. 4 people

See also:

VHS Erlangen	21.-22. März
VHS Cadolzburg	18.-19. April
VHS Oberasbach	15.-16. Mai
VHS Bamberg	9. Mai

Traditional Thai Massage Level 1 – Foundation

Learn how to give a 90-minute Thai Massage in 36 hours. For therapists as well as amateurs!

Description:

151 massage positions – massage techniques – energy lines – history, philosophy and ethics – application – contraindications – Yogi Yoga

Dates 2015:

6 days - 10 am to 5 pm:

12. / 13. / 14. and 19. / 20. / 21. June

Fee:

€ 660 incl. workbook, lunch, fruits and beverages for min. / max. 2 people

Get a **diploma** of TMC (www.TMCschool.com) after successfully passing an exam. The "Thai Massage School of Chiang Mai" is accredited by the Thai Ministry of Education.

Practicing!

Fridays – 6 pm to 7:30 pm

22. May

Fee: €15

Saturdays – 2 pm to 4:30 pm

27. Juni

Fee: €25

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